



Probus Club of Wagga Wagga Garden City

Established 26th August 1997

NEWSLETTER EDITION 292 — NOVEMBER 2023

COMMITTEE FOR 2023/2024

President: <i>John Smit</i>	0400 358 634	Secretary: <i>Peter Simpfendorfer</i>	0488 081 933	Membership: <i>Ron Dawson</i>	0428 227 258
Vice President: <i>Lyn Muller</i>	0459 300 060	Lunches: <i>Gay Lucas</i>	0434 965 287	Welfare: <i>Dell Bungay</i>	02 6922 6031
Past President: <i>Helen Brill</i>	0499 194 509	Lunches: <i>Audrey Watson</i>	0417 294 216	Trips: <i>Di Jacobson</i>	0413 955 047
Treasurer: <i>Peter Bungay</i>	02 6922 6031	Hospitality: <i>Di Norton</i>	0409 378 088	Newsletter: <i>Peter Piltz</i>	0412 303 269
Secretary's email: simpv19@bigpond.com		Hospitality: <i>Maureen Lucas</i>	0428 216 966	Newsletter: <i>Monica Corby</i>	0427 311 755
Club Mail: P.O. Box 8608 Koorungal 2650		Programs: <i>Dorothy Piltz</i>	0407 074 209	Newsletter email: peter.piltz@outlook.com	
Website: http://www.waggamatters.com/index.html				Public Officer: <i>Peter Bungay</i>	02 6922 6031

NOTE OUR NEXT MEETING 1:30pm TUESDAY, NOVEMBER 28, 2023 at the Seniors Community Centre

Probus is Fun and Friendship in Retirement

Make new friends, listen to interesting guest speakers, learn a new skill, explore new interests and hobbies - there is so much to choose from when you become a member of your local Probus Club.

It was good to see a number of visitors welcomed to the meeting, and hope to see them becoming members. With winter now behind us it is good to see number of faces that have been missing for a number of meetings. Since Covid decimated most Probus Clubs by restricting face to face socializing.

The winners of our Lucky Door Raffle were Fran Payne, Di Jacobson, Margaret Booby and Judy Benson. The raffle is run as a fun option which raises money that is used to supplement the gifts to be handed out at our Christmas Party.

WELFARE REPORT

Heather McAlister had a day in hospital earlier in the month. She is still not well.

Gwen Feutrill had an operation and is home again.

Joan Stone had a medical procedure and is doing okay

Joan Taylor was in the Forrest Centre and is going into respite at Settlers on 24th October for a couple of weeks.

I contacted the Duffus'. They have not been well.

Julia Carr is in hospital.

Bruce Donaldson is in respite for 2 weeks at Gumleigh Gardens.

Alan Carroll is out of hospital but is weak at the moment.

Dell

We pray for our members who need support. Look after our members who are sick or suffering, or who have lost a loved one, and give them the comfort of knowing that we care. Amen

It was good to see the return of Heather McAlister, and Marnie and Allan Duffus together with Boyd and Joan Stone and several other long serving members present here today.

**If you know of members needing support please contact Dell Bungay.
Dell's mobile is 0420 617 804.**



NOVEMBER BIRTHDAYS

1st Peter Simpfendorfer & Fay Sloan
2nd Allan Carroll & Des Cowley
11th Dave Cox & 24th Keith Beck

LUNCHEES NEWS:

The last lunch was held at the Ashmont Hotel on the 10th October with 34 attending.

OUR NEXT LUNCH will be at the Boat Club on the 14th November.

Christmas Lunch,



We are looking forward to the Christmas Party to be held at the Mercure Motel on the 5th December.

Please make sure you have paid by the luncheon on the 14th November. Numbers will be given to the Mercure at that time.

Gay & Audrey



TRIPS NEWS:

Firstly Thursday 9th November it is Barefoot bowls. Wear casual shoes and be at Rules club starting at 10.30 am. If you haven't paid your \$10.00 please contact Di ASAP. We will then enjoy Coffee or lunch at own expense. If you're not playing come and watch, will be great entertainment. See who gets the bias right. Please advise if coming as I have to book.

10th to 12th March 2024 is when we will be on our Blue Mountains Trip. Come and enjoy three days away, Wayne is an excellent driver and makes the trip worth while, with his commentary. For itinerary please contact DI, cost is \$770.00 per person Twin Share, Single Supplement is an extra \$240.00. A \$200.00 deposit is due mid November. This looks like being a great trip and we have room for a few more to come, but let me know ASAP. Di.

Di's contact details are mobile 0413 955 047 or email diannejaco@iinet.net.au



Hannah Sheeran who is a community consultation for the Murrumbidgee Primary Health Network. She spoke about how the Murrumbidgee community experience Palliative Care.

Palliative Care is directed at people with life threatening conditions. Most of us were unaware that Palliative Care operated in the home as part of the home care system as well as hospital care.

One can opt for Palliative Care in the home if one meets the criteria that one has a life threatening condition. Likewise people may be hospitalised and then leave hospital to be cared for at home using the Palliative Care resources.

Palliative Care in the home covers much of what the normal home care packages do not include. It helps with medications, life style problems, personal support and lots more.

The Home Care packages that we are more familiar with focus on home support such as cleaning, ironing, visits to the city, gardening, laundry and so on.

After answering several questions Hannah left material for members to take home and read.

**Wagga Wagga Garden City Probus Club welcomes both women and men.
As normality returns post COVID we are in a position to accept new members.
Come as a visitor to a meeting to find out if our club has what you are looking for.**